



sinusitis

MANY FACES... MANY CAUSES... MANY TREATMENTS...

Do I Have Sinusitis?

Sinusitis is inflammation of the lining membrane of any sinus. If three or more of the following symptoms persist for more than ten days, it is likely that you have this medical condition.

Choose "yes" if you have any of the following symptoms for ten days or longer; otherwise, choose "no."

1. *Facial pressure/pain?*
yes no
2. *Headache pain?*
yes no
3. *Congestion or stuffy nose?*
yes no
4. *Thick, yellow-green nasal discharge?*
yes no
5. *Low fever (99-100°)?*
yes no
6. *Bad breath?*
yes no
7. *Pain in the upper teeth?*
yes no

If you mark "Yes" to three or more symptoms, you may have a sinus infection resulting from allergies, bacteria, or a response to fungi. An examination by an ear, nose, and throat specialist may be warranted.

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